

***Outdoor and Experiential Education Programs for Adolescent Girls***  
(sample of programs nationwide and miscellaneous resources)

**[http://www.earthlink.net/~ns\\_roberts/girlsoutdoors](http://www.earthlink.net/~ns_roberts/girlsoutdoors)**

*These programs are listed in order by region of the U.S.A. and Canada  
(International programs are welcome to be included).*

**ALASKA/CANADA**

***Raven's Way***

Rebecca Howe, Intake Specialist  
SE Alaska Regional Health Consortium  
222 Tongass Drive  
Sitka, AK 99835  
Ph. 907-966-8716 or 800-770-3063  
Fax 907-966-8705

[rwintake@searhc.org](mailto:rwintake@searhc.org).

[www.searhc.org/ravensway](http://www.searhc.org/ravensway)

Note: SEARHC is a non-profit tribal health consortium of 18 Native communities.

Raven's Way accepts females ages 13-18 (Alaska residents only) that have a primary diagnosis of substance abuse and/or dependence. Courses contain female only and co-ed programs including physical challenges, group cooperation and team building. Sample programs include kayaking, backpacking, wilderness expedition, ropes course activities, and activities relevant to Native cultures.

***Wild Women Expeditions - Girls Camps***

Jennifer Brammer, Director  
P.O. Box 264  
Woody Point, NL A0K 1P0 Canada  
Ph. 1-888-993-1222

[jennifer@wildwomenexp.com](mailto:jennifer@wildwomenexp.com)

[www.wildwomenexp.com](http://www.wildwomenexp.com)

Women and Girls Canoe Trip - Temagami, Northern Ontario. Take your daughter, niece or a special young girl in your life on a special bonding experience – a wilderness canoe trip with fun girl-friendly guides, other women with girls and all the details taken care of to enjoy the wonders of this amazing Canadian experience. Designed for budding wild girls age 8-14, with awesome mums, fab aunts, cool grannies, etc!

**NORTHEAST**

***Coastal Studies for Girls***

A Science and Leadership School  
Pam Erickson, Executive Director  
P.O. Box 266  
Freeport, ME 04032  
Ph. 207-865-9700  
Mobile: 207-807-2199

[pam@coastalstudiesforgirls.org](mailto:pam@coastalstudiesforgirls.org)

[www.coastalstudiesforgirls.org](http://www.coastalstudiesforgirls.org)

Note: The country's first residential science and leadership semester school for tenth grade girls. CSG is dedicated to girls who have a love for learning and discovery, an adventurous spirit, and a desire to challenge themselves. Follow their adventures through our FaceBook and Blog links on the homepage of their website (above).

***Connecting with Courage***

Jonathan Hislop, Director of Admissions  
Thompson Island Outward Bound  
P.O. Box 127  
Boston, MA 02127  
Ph. 617-328-3900 ext. 144  
Fax 617-328-3710

[admissions@thompsonisland.org](mailto:admissions@thompsonisland.org).

[www.thompsonisland.org/english/youth/summer/courage](http://www.thompsonisland.org/english/youth/summer/courage)

Note: Summer expeditions for 12-13 yr old girls. Programs encourage girls to speak their minds, share their ideas, express their emotions, be creative and challenge themselves through sensible physical risks.

*(cont'd)*

(northeast, con'td)

***Girls Move Mountains***

Nadine Budbill, Executive Director  
27 East State Street  
Montpelier, VT 05680  
Ph. 802-229-2976

[nadine@girlsmovemountains.org](mailto:nadine@girlsmovemountains.org)

[www.girlsmovemountains.org](http://www.girlsmovemountains.org)

Note: Intentionally designed adventure-based programs that support girls' positive development. Our core program is Dirt Divas, a summer mountain bike program for girls ages 11-15. Current and future offerings also include a school-year program, girls' rock climbing program, junior instructor program, and a young women's leadership and advisory committee.

***VisionQuest: Madalyn Program***

[dennis.call@vq.com](mailto:dennis.call@vq.com)

[www.vq.com](http://www.vq.com)

Note: Residential program for girls with serious problems with families, schools and communities. Experiential programming is designed to present challenges, create opportunities for success, build confidence, and practice life skills. Includes therapeutic art groups, and "Equine Assisted Therapy" (interpersonal issues through working with horses).



Kroka Expeditions, Miela Caves II:  
"Climbing at your own pace"

***Wavus Camp for Girls***

Nancy Kennedy, Director  
Po Box 169

Nobleboro, ME 04555

Ph. 207-563-5172

Fax 207-563-5215

[wavus@kieve.org](mailto:wavus@kieve.org)

[www.kieve.org](http://www.kieve.org)

Note: Note: Two 26-day residential programs on beautiful Damariscotta Lake with wilderness excursions in Maine. Enjoy traditional in-camp activities along with progressive wilderness trips throughout Maine and New Hampshire. Join us in an environment where you can make life-long friends, explore, strengthen trust in self and others, learn to make group decisions and have fun! Introductory ten day programs for ages 8, 9 and 10.

***Kroka Expeditions***

Lynne Boudreau, Summer Programs  
Coordinator

and Founding Director

767 Forest Road

Marlow, NH 03456

Ph. 603-835-9087

[summer@kroka.org](mailto:summer@kroka.org)

[www.kroka.org](http://www.kroka.org)

Note: Three programs offered for girls – Wilderness Adventures for Girls (ages 11-13), Wild Girls! (ages 12-14), and Earthworks: A Fiber Arts and Handcrafts Adventure on the Farm (ages 12-16). "Committed to awakening in young people a connection to nature and the spirit within, and a capacity for conscious living and compassionate service. We strive to achieve this through wilderness adventure, community living, farming, and the practice of traditional and indigenous skills."

(Northeast, cont'd next page)

### ***Camp Chewonki for Girls***

Genell Vashro, Director  
485 Chewonki Neck Road  
Wiscasset, ME 04578  
Ph. 207- 882-7323

[girlscamp@chewonki.org](mailto:girlscamp@chewonki.org)  
[www.chewonki.org](http://www.chewonki.org)

Note: Offers both in-camp activities and wilderness travel for girls ages 8-16. Strives to enable girls to find their voice and rely on their unique strengths through reflection, action and fun! Activities include formalized instruction including: camp craft, woodworking, canoeing, art, crafts, nature, local history, map & compass, renewable energy projects, and communal meal preparation. Special emphasis is given to natural history, ecology, wilderness canoeing and hiking trips.

## **NORTHWEST**

### ***Girls on Ice***

University of Alaska, Fairbanks  
Erin Pettit, Director and Lead Instructor  
College of Natural Sciences and Mathematics  
PO Box 755940  
Fairbanks, AK 99775

[pettit@gi.alaska.edu](mailto:pettit@gi.alaska.edu)  
<http://girlsonice.org>

Note: An 11-day mountaineering and science program for girls ages 15-18 on Mt Baker in Washington State. Led by a glaciologist, a mountaineer, and an artist the course challenges girls physically, socially, emotionally and intellectually as the team explores the glaciers and alpine landscape of Mt Baker.

### ***Passages Northwest*** (Transitioning to the Metrocenter YMCA merger)

Dawne Wentworth, Interim Program Director  
909 Fourth Ave  
Seattle, WA 98104  
Ph. 206-382-5013  
Fax. 206-382-7894

[dwentworth@seattleyymca.org](mailto:dwentworth@seattleyymca.org)  
<http://www.passagesnw.org>

Note: PNW programs inspire courage and leadership in girls ages 10-21 through the exploration of the outdoors, the arts and sciences: 1) Girls Rock! mentoring and climbing program for middle school girls; 2) Wilderness Programs: Spring break and summer adventures climbing, backpacking, and kayaking programs; 3) Patsy Collins Adventures in Leadership, a residential camp for girls entering grades 8-9; and 4) Partnership Programs: Custom programs for schools and other organizations, workshops and trainings, and collaborations with other organizations with similar missions.

### ***YWCA GirlsFirst***

Elizabeth Pauley, Program Director  
708 Martin Luther King Jr. Way  
Seattle, WA 98122  
Ph. 206-461-4443

[girlsfirst@ywcaworks.org](mailto:girlsfirst@ywcaworks.org)  
[www.ywcaworks.org/girlsfirst](http://www.ywcaworks.org/girlsfirst)

Note: Year-long leadership and experiential program specifically designed for teen girls of color who face economic and social barriers to success. Girls begin the program the summer before their freshman year of high school and continue until the following summer. Participants also receive alumni programming and support throughout high school. Programming includes leadership development, mentoring, academic support, job readiness training, community service projects, paid summer internships and Outward Bound opportunities.

(northwest, continues next page)

***Rite of Passage Journeys  
Coming of Age for Girls***

Darcy Ottey, Director  
22401 39th Ave SE  
Bothell, WA 98021  
Ph. 425-485-7396

[info@riteofpassagejourneys.org](mailto:info@riteofpassagejourneys.org)  
[www.riteofpassagejourneys.org](http://www.riteofpassagejourneys.org)

**Note:** The program explores the mountains and coast of the Olympic Peninsula, as well as exploring community and our own strengths and gifts! Laughter, sweat, creativity, reflection, and new friendships all come together as girls support each other through an experience of personal transformation.

***Women in the Outdoors (for girls ages 14 & up)***

An Outreach Program of the National Wild Turkey Federation  
Teresa Carroll, Program Coordinator  
Ph. 800-843-6983

[tcarroll@nwtf.net](mailto:tcarroll@nwtf.net)  
[www.womenintheoutdoors.org](http://www.womenintheoutdoors.org)

**Note:** Their Women in the Outdoors program provides educational outdoor opportunities for women (14 and older) all over the country while fulfilling the NWTF mission of preserving the hunt, educating future generations of conservationists and sharing our love of the outdoors with new audiences.

**ROCKIES**

***Alpengirl ~ "Girls with Altitude"***

Alissa Farley, Director  
PO Box 1138  
Manhattan, MT 59741  
Ph. 800-425-1841 or 406-570-6312

[info@AlpengirlCamp.com](mailto:info@AlpengirlCamp.com)  
<http://www.AlpengirlCamp.com>

**Note:** Pre-teen and teen summer adventure camp for girls ages 11-17. One, two or three-week tent camping wilderness sessions in Montana, Hawaii, Alaska, Washington and Norway. Backpacking, yoga, horseback riding, surfing, rock climbing, rafting. Alpengirl offers a balanced mix of outdoor adventure, organic fitness and genuine friendship allowing each camper to blossom.

***The Traveling School***

Gennifre Hartman, Executive Director  
P.O. Box 7058  
Bozeman, MT 59771  
Ph. 406-586-3096

[gennifre@travelingschool.com](mailto:gennifre@travelingschool.com)  
[www.travelingschool.com](http://www.travelingschool.com)

**Note:** A 15-week program for girls ages 15-18 to participate in an overseas experience for an academic semester. Curriculum includes academics, overseas exploration, community development and service projects, and outdoor activities. Students earn credit for 7 semester courses.

***Girls' Wilderness Program of  
The Women's Wilderness Institute***

Shari Leach, Executive Director  
Jody Radtke, Program Director  
5723 Arapahoe Ave, #1B  
Boulder, CO 80303  
Ph: 303-938-9191; Fax: 303-938-5071

[moreinfo@womenswilderness.org](mailto:moreinfo@womenswilderness.org)  
[www.womenswilderness.org](http://www.womenswilderness.org)

**Note:** Offers day programs and wilderness-based backpacking and rock climbing expeditions for girls with an emphasis on creative self-expression. Mission is to build courage, confidence, and leadership. Summer courses run from 4 to 12 days in length, for ages 8-18. AEE Accredited. Serves girls of all income levels.



pre-existing groups through our community program offerings.

### ***Her Feet on the Earth***

Lorene Wapotich, Founder & Director  
2456 S. Beaver Creek Rd.  
Black Hawk, CO 80422  
Ph. 303-642-0562

[Lorene@HerFeetOnTheEarth.org](mailto:Lorene@HerFeetOnTheEarth.org)  
[www.HerFeetOnTheEarth.org](http://www.HerFeetOnTheEarth.org)

**Note:** Programs include wilderness experiences, the practice of Earth-living skills (a.k.a. “survival skills”), long-term nature-based mentoring, and Earth-based ceremony and crafts. Summer camps and school year programs that help girls build connection with nature, their authentic selves, and a community of female mentors and role models. Programs and training for women are also available. A mother-daughter rites of passage program is in development for fall 2009.



### **WEST/PACIFIC WEST**

#### ***GirlVentures***

Taara Hoffman, Executive Director  
Sarah Heath, Director, Programs & Outreach  
c/o The Women's Building  
3543 18th Street #18  
San Francisco, CA 94110  
Ph. 415-864-0780; Fax 415-861-3464

[info@girlventures.org](mailto:info@girlventures.org)  
[sarah@girlventures.org](mailto:sarah@girlventures.org)  
[www.girlventures.org](http://www.girlventures.org)

**Note:** Summer program offers 14 day wilderness expedition courses for girls entering 7<sup>th</sup>, 8<sup>th</sup>, & 9<sup>th</sup> grades. “Empowering adolescent girls to develop & express their strengths.” School year programs offer courses in rock climbing, leadership development, and creative expression. Customized retreats and courses available for

### ***Maui Surfer Girls***

Dustin Tester, Camp Founder  
PO Box 1158  
Puunene, HI 96784  
Ph. 866-674-2002

[dustin@mauisurfergirls.com](mailto:dustin@mauisurfergirls.com)  
[www.mauisurfergirls.com](http://www.mauisurfergirls.com)

**Note:** The mission is to empower girls through the sport of surfing and Maui adventure. Whether it be learning how to catch the warm waves of Maui or hiking through the beautiful West Maui Mountains, girls gain an enriched summer experience and sense of self at camp. They offer a smallest student to teacher ratio’s (3:1) in the industry, to foster bonding, mentorship, and self-awareness at their surf camp.

### ***Outervention***

Erica Cicero, Executive Director  
2001 Sharon Rd  
Menlo Park, CA 94025  
Ph. 415-999-4898

[ecicero@sbcglobal.net](mailto:ecicero@sbcglobal.net)  
[www.outervention.org](http://www.outervention.org)

**Note:** This program offers wilderness experiences to strengthen relationships between adolescent girls and their parents.

### ***Womanhood Inspirations***

#### ***Affiliated with Children Are Our Future***

Bernadine Rosso & Terry Nail, Co-Founders  
Ph. 831-345-9885

[Bnewgrowth@aol.com](mailto:Bnewgrowth@aol.com)  
[www.womanhoodinspirations.com](http://www.womanhoodinspirations.com)

**Note:** A rites of passage program designed for girls 12 and up. Includes outdoor activities and adventures as well as healing arts modalities for growth and transformation. Offering empowerment for the next generation!

**[List your organization here!]**



**A FEW COMPLEMENTARY RESOURCES**  
(in no particular order)

- ❖ **GO! Girls Outdoors**  
Marjorie Morgan  
[marjorie@girlsoutdoors.org](mailto:marjorie@girlsoutdoors.org)  
[www.girlsoutdoors.org](http://www.girlsoutdoors.org)  
**Note:** A Resource for Women in Outdoor Education and Recreation. This resource is for women who work and/or participate in outdoor adventure activities. It features a series of profiles of inspirational outdoor women, organisations that cater to women, trips and events, a discussion forum, lists of resources and a blog. The site is regularly updated.
- ❖ **Girls' Coalition of Greater Boston**  
Katie Wheeler, Executive Director  
Ph. 617-536-8543  
[katie@girlscoalition.org](mailto:katie@girlscoalition.org)  
[www.girlscoalition.org](http://www.girlscoalition.org)  
**Note:** A member-driven consortium dedicated to supporting the adults who empower girls. We bring together people and resources to educate, advocate, and network on behalf of girls. By providing resources and development opportunities, we strive to improve the quality and quantity of programs and services for girls.
- ❖ **Girl Scouts of the USA**  
420 Fifth Avenue  
New York, NY 10018-2798  
Ph. (800) 478-7248 or (212) 852-8000  
[www.girlscouts.org](http://www.girlscouts.org)
- ❖ **Girls on the Run International**  
500 East Morehead St., Suite 104  
Charlotte, NC 28202  
Ph. 800-901.9965; 704-376-9817  
[info@gotr.org](mailto:info@gotr.org) or [revans05@cableone.net](mailto:revans05@cableone.net)  
[www.girlsontherun.org](http://www.girlsontherun.org)  
**Note:** Non-competitive, after school program that is ten weeks in length, combining physical activity (running) a experiential learning through a psychology based curriculum to teach very specific and well-defined social and personal (character development) skills.
- ❖ **Girls, Inc. National Resource Center**  
441 West Michigan Street  
Indianapolis, IN 46202-3233  
Ph. 1-800-374-4475  
[www.girlsinc.org](http://www.girlsinc.org)  
**Note:** A national nonprofit youth organization dedicated to inspiring all girls to be strong, smart, and bold. Research and evaluation conducted by the NRC provide the foundation for Girls Inc. programs. (Headquarters in New York)
- ❖ **Outdoor Industries Women's Coalition**  
PO Box 36261  
Cincinnati OH 45236  
[info@oiwc.org](mailto:info@oiwc.org)  
[www.oiwc.org](http://www.oiwc.org)  
**Note:** A membership community of professionals in the outdoor industries united to provide power, influence and opportunity for women in outdoor-related businesses and to generate champions to inspire other women. Join a network of women who have pledged to open their minds, experiences and wisdom to each other. Women in OIWC are professional, passionate, active in the outdoors, authentic, and focused. OIWC members are women you can relate to and learn from, whether you have a question about your advancing your career, work-life balance or specific job skills.
- ❖ **American Assoc. for University Women**  
1111 16<sup>th</sup> Street, NW  
Washington, DC 20036  
Ph. 202-785-7700  
Fax 202-872-1425  
[www.aauw.org](http://www.aauw.org) or [helpline@aauw.org](mailto:helpline@aauw.org)

(cont'd)

❖ **Oasis for Girls**

(A project of The Tides Center)  
Rachel P. Paras, Executive Director  
Jessica Van Tuyl, Program Manager  
1129 Folsom Street  
San Francisco, CA 94103  
Ph. 415-701-7991  
Fax 415-701-0131 (call first)  
[sfoasis@sfoasis.org](mailto:sfoasis@sfoasis.org)  
[www.sfoasis.org](http://www.sfoasis.org)

Note: Oasis provides culturally relevant and gender specific Arts, Leadership Development, and Life Skills programs supporting the growth of low-income, immigrant girls and young women of color in urban communities. Through these programs, girls and young women have access to a community of adult mentors who support them in creating change and integrating their skills to address issues they face in their lives & communities.

❖ **Northwest Girls Coalition**

PO Box 9525  
Seattle, WA 98109-9525  
[info@nwgirlscoalition.org](mailto:info@nwgirlscoalition.org)  
[www.nwgirlscoalition.org](http://www.nwgirlscoalition.org)

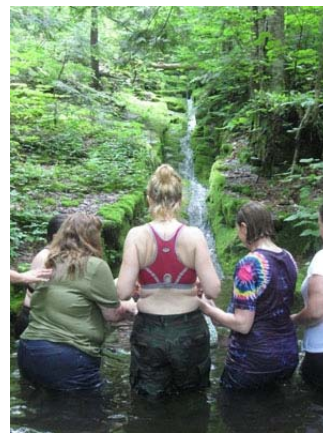
Note: The organizational vision is to ensure a healthy, supportive environment for all girls to realize their full potential. Our mission is to strengthen the girl-serving community by fostering education and collaboration in the Puget Sound region.

❖ **Nurture Through Nature Green Retreat Center**

Women's Holistic Canoe Trips, Eco-Cabin Rentals, Holistic Nature Retreats, Custom Getaways for individuals and groups  
Jen Deraspe, Owner  
Ph. 207-452-2929  
[www.ntnretreats.com](http://www.ntnretreats.com)

Note: Opportunities for women to rejuvenate and reflect. We offer mindfulness practices to clear the mind through: Yoga, the Work of Byron Katie, and guided meditations woven into unique retreats and gentle nature explorations

incorporated to integrate body and spirit. Wilderness Maine Guide services on site including guided canoeing, kayaking, snowshoeing and hiking. Safe space offered for reflection and restoration in the natural world, deepening connection to the living earth and all of its dependents, including ourselves. Custom retreats available for teens, mothers and daughters, friend circles and more.



*Enjoying The Emerald Pool  
Photo courtesy of "Nurture through Nature"*

❖ **Women, Girls, and Education**

Women's Studies Links of the Assoc. of College and Research Libraries  
[www.library.wisc.edu/libraries/WomensStudies/womened.htm](http://www.library.wisc.edu/libraries/WomensStudies/womened.htm)

Note: Links for curriculum, pedagogy, research, periodicals, funding, issues, discussion lists, and more.

❖ **Girls Equitable Treatment Coalition**

899 Logan Street Suite 600  
Denver, CO 80203  
Ph. 970-221-3676  
[www.girlsetc.org](http://www.girlsetc.org)

Note: Part of the Colorado advocates for girls in the juvenile justice system. They provide training and programming appropriate to female youth.

- ❖ **Women's Adventure Magazine**  
Michelle Theall, Founder  
1637 Pearl St., Unit 201  
Boulder, CO 80302  
Ph. 303-442-0578  
[info@womensadventuremagazine.com](mailto:info@womensadventuremagazine.com)  
[www.womensadventuremagazine.com](http://www.womensadventuremagazine.com)
- ❖ **Strozzi Institute**  
Center for Leadership and Mastery  
Susan Nichols, Strozzi Associate  
4101 Middle Two Rock Rd.  
Petaluma CA, 94952  
Ph. 707-778-6505  
[susienic@earthlink.net](mailto:susienic@earthlink.net)  
[www.strozziinstitute.com](http://www.strozziinstitute.com)  
**Note:** Specially designed program for young women, 15-18 years of age, during summer months. This School of Embodied Leadership Training focuses on increasing girls' awareness of their somatic self (internal sensing/whole self) and connecting physical practices with the development of self and their ability to take effective action in the world to produce the results they intend.
- ❖ **SHARANYA / Daughters of Kali**  
Chandra Alexandre, Executive Director  
2063 42<sup>nd</sup> Avenue  
San Francisco, CA 94116  
Ph. 415-505-6840  
Fax 415-723-7299  
[info@sharanya.org](mailto:info@sharanya.org)  
[www.sharanya.org](http://www.sharanya.org)  
**Note:** Helps younger women deal with the socio-cultural realities of becoming a woman in today's world by providing elder guidance and mentorship in conjunction with rites of passage ceremonies at menarche. This program also provides menstrual rituals for teenage and adult women who wish to affirm their relationship to their menstrual cycle at a later point in life.
- ❖ **National Council for Research on Women**  
11 Hanover Square, 24th Floor  
New York, NY 10005  
Ph: 212-785-7335  
Fax: 212-785-7350  
[ncrw@ncrw.org](mailto:ncrw@ncrw.org)  
**Note:** See "Links to Websites about Girls"  
<http://www.ncrw.org/resources/girlslinks.htm>
- ❖ **Ms. Foundation for Women**  
120 Wall Street, 33rd Floor  
New York, NY 10005  
Ph. 212-742-2300 or  
800-676-7780  
Fax 212-742-1653  
[info@ms.foundation.org](mailto:info@ms.foundation.org)  
[www.Ms.foundation.org](http://www.Ms.foundation.org)  
**Note:** Strong program for "Girls, Young Women, and Leadership". Info available for grants, events, publications, reports, assessment tools for youth programs & more.
- ❖ **Women's Funding Alliance**  
LeAnne Moss, Executive Director  
603 Stewart, Suite 207  
Seattle, WA 98101-1229  
Ph/TTY: 206-467-6733  
Fax: 206 467 7537  
[wfa@wfalliance.org](mailto:wfa@wfalliance.org)  
[www.wfalliance.org](http://www.wfalliance.org)  
**Note:** The Alliance is the only Puget Sound organization focused on supporting and developing agencies that work with women and girls. The Women's Funding Alliance provides solutions to the critical issues women and girls still face; and promotes a healthier community for us all.

❖ **Outdoor Industry Foundation (OIF)**

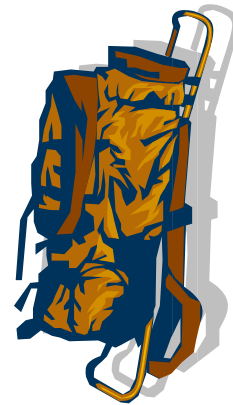
4909 Pearl East Circle, Suite 200  
Boulder, Colorado 80301  
Ph. 303-444-3353

[info@outdoorindustry.org](mailto:info@outdoorindustry.org)

[www.outdoorindustryfoundation.org/women.html](http://www.outdoorindustryfoundation.org/women.html)

Note: The OIF is a non-profit foundation established by *Outdoor Industry Association* to encourage active outdoor recreation for all Americans. OIF's charter is to increase participation in outdoor recreation and to encourage and support healthier, more active lifestyles through education, partnerships, programs & advocacy. Make a long term commitment to the health of our industry, our public lands, and our nation. (*continues next pg*)  
The Getting Women Active campaign is designed to help the outdoor community reach out and engage women and girls in outdoor recreation activities and programs.

*List your agency or  
company resource here!*



❖ **Outdoor Girl Products**

Genevieve Marchand  
[genmarch@yahoo.com](mailto:genmarch@yahoo.com)  
[www.outdoorgirlproducts.com](http://www.outdoorgirlproducts.com)

Ph. 970-531-0223

Note: The idea behind *Outdoor Girl Products* started during the summer of 2004. Genevieve wanted to offer her female friends the possibility of telling the world about their passion for the outdoors. Bumper stickers were the only item available at first, but with lots of pressure from those friends, the *Outdoor Girl* T-shirt is now available for all to purchase!

This document is not intended to be exhaustive, rather provide an at-a-glance resource list to people seeking program models and/or resources to assist with programming for adolescent girls in the outdoors. Corrections and additions to this list should be submitted to:

Nina S. Roberts  
via email: <[ns\\_roberts@earthlink.net](mailto:ns_roberts@earthlink.net)>

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updated version: as of 3/26/11  
(updated on an as needed basis each year)



Send your photos for possible inclusion on this listing and/or on the girls' outdoors resource website.

If interested, provide the name of the program, a caption, and name of the author for proper photo credit.



Beckwourth Outdoor Education Center,  
Girl Bonding Program –  
Rocky Mountain National Park  
*Photo: Nina S. Roberts*